



CIRCLE OF SECURITY CLASSROOM

Workshop for Early Learning Centres

This program instils confidence and security in children which encourage growth, learning, exploration, and positive relationships.

1

Examines the central role teachers and the learning relationship play in a child's life.

Explores methods for coping with challenging behaviours that enhance a child's sense of security

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3

Encourages early childhood educators to hone observational and reflective skills

Teaches circle of security techniques and other behavioural strategies

4

5

Applies COS strategies to build strong bonds and to address children's attachment needs.

Teaches classroom methods that build relationship friendly spaces

6

The nuts and bolts

The Circle of Security Classroom Approach (COSC) is an eight-chapter professional development series designed to help promote an understanding of attachment theory and offer support to classroom teachers. It is modeled after the Circle of Security Parenting series.

COSC is designed to enhance teachers' abilities to form important relationships with and be stable hands for the children they care for in their classrooms. Every child enters the world seeking a safe and strong bond with their caregivers. The development and nurturing of this secure attachment relationship are critical to a child's future and well-being. Having a secure attachment between teachers and the children in their classrooms allows teachers to focus on meeting the needs of the children in their care.

Learning is only possible when children feel confident in the steady presence of their teachers. COSC helps teachers assess behavioral issues through the lens of attachment, recognizing behaviors as a symptom of unmet needs as opposed to an isolated moment.

For classroom teachers, secure hands mean they can support children's emotional needs by being strong, kind and committed. For children to feel supported by these hands and develop safe attachments with their teachers, they need to know their teachers are committed and hold high expectations for them while also expressing high affection and seeing the child as an individual.

Please contact Kim
Spark ECE Consultancy
0405 803 197
admin@sparkececonsultancy.com.au