



LEGO THERAPY

Workshop for Early Learning Centres

THE BENEFITS OF BRICK PLAY

Lego therapy is an approach that is used in small group play. Educators scaffold peer interactions through a structured play experience to support children's development of self-esteem, social development and to build positive attachments. Listed below are a wide range of reasons why Lego therapy is a fantastic modality when working with children.

1

COGNITIVE

- Language and Literacy skills
- Math and Scientific Reasoning
- Problem Solving
- Decision Making
- Thoughts and Memory

PHYSICAL

- Fine and Gross Motor Skills
- Hand-eye Coordination
- Spatial Awareness
- Sensory Concepts
- Managing Stress

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3

EMOTIONAL

- Self-confidence and Self-reliance
- Self-regulation and impulse Control
- Persistence and Resilience
- Self-awareness
- Empathy

SOCIAL

- Positive Communication
- Co-operation and Collaboration
- Self-expression
- Negotiation and Compromise
- Rule Information and Leadership

4

The nuts and bolts

This workshop is aimed at supporting children who may;

Demonstrate the need for additional support with developing social skills, communication and interacting with their peers.

Supports children with additional needs such as Autism Spectrum and ADHD that have a special interest in building with Lego.

Lego therapy can support the development of;

Focus, joint attention, listening to others, initiating communication, problem solving, turn taking, sharing and teamwork, overcoming aloofness and rigidity, learning language concepts.

Objectives;

To increase a child's ability to engage and work cooperatively with his/her peers.

To support a child's ability to initiate conversation and respond appropriately.

To increase a child's strategies for compromise and negotiation.

To support a child's ability to take direction from his/her peers.

Delivery is approximately 5 hours

\$449 per person

Minimum of 5 educators*

This workshop will consist of engaging in hands on learning to facilitate the program. Resources will be provided by the facilitator.

We will also look at other types of block play that could be incorporated in this type of play (Duplo, Mobilo, Magnetic blocks)

Travel and accommodation will be additional, charges are based on service location.

Please contact Kim
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