



SENSORY PROCESSING

Workshop for Early Learning Centres

CREATING SAFE SPACES FOR ALL LEARNERS

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INTRODUCTION TO SENSORY PROCESSING

- Sensory preferences vs. sensory processing disorder
- Sensory processing red-flags
- Sensory Processing vs. ASD/ADHD/Trauma

SENSORY PROCESSING

- Fight, flight, freeze
- Engaging the senses

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THE SENSORY SYSTEM

- Understanding the 8 senses

BEHAVIOUR VS. SENSORY

- Social Attention
- Tangibles or Activities
- Escape or avoidance
- Sensory Stimulation

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Tantrums vs. meltdowns

- Understanding the differences
- Calm down strategies for meltdowns

SENSORY DIETS & SENSORY BREAKS

- What is a sensory diet?
- Looking at your environment

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SUPPORTING DIVERSITY IN YOUR CENTRE

- Breaking the barriers
- Creating a plan of support

The nuts and bolts

During this workshop you will learn about how the sensory systems contribute to every child's ability to learn and function. This practical hands-on workshop will support you to look past the behaviours and truly understand what lays beneath.

When a child within the early childhood setting exhibits behaviours related to their sensory systems, we will look at essential tools for understanding and addressing behaviours in the most effective way.

This workshop will support educators to work out the difference between tantrums and meltdowns due to sensory processing challenges to create a sensory friendly classroom for every child.

We will identify and explain the struggles for children with sensory processing challenges and learn how to support these sensory processing development skills in the classroom.

The team will have the opportunity to use an environmental checklist to develop a plan moving forward and have the option of completing an individual plan for a specific child, which they will develop with team members, through identifying any red flags and linking strategies to trial and support the child.

Delivery is approximately 6.5 hours

\$549 per person

Minimum of 5 educators*

Each service will receive a handbook.

Participants will receive program handouts from presentation.

Travel and accommodation will be additional, charges based on service location.

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